



LUSK ATHLETIC

Code of Conduct

Lusk Athletic Club
[Email address]

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Parents Code of Conduct

In accordance with AAI listed below is the Parents code of Conduct for Athletes

<http://www.athleticsireland.ie/juvenile/child-welfare/adults-carers/>

Athletics should be safe, fun and conducted in a spirit of fair play

- Encourage your child to learn the rules and play within them.
- Discourage unfair play and arguing with officials.
- Help your child to recognise good performance, not just results.
- Never force your child to take part in sport.
- Set a good example by recognising fair play and applauding good performances of all.
- Never punish or belittle a child for losing or making mistakes.
- Publicly accept officials' judgments.
- Support your child's involvement and help them to enjoy their sport.
- Use correct and proper language at all times.
- Encourage and guide performers to accept responsibility for their own performance and behaviour.

Code of Conduct for Children and Young Athletes

In accordance with AAI listed below is the Young Athletes code of Conduct

<http://www.athleticsireland.ie/juvenile/child-welfare/athletes/>

- Sport should be safe, fun and conducted in a spirit of fair play
- As a child or young person you are entitled to the best possible environment to participate in sport. You deserve to be given enjoyable, safe sporting opportunities, free of abuse of any kind. You have rights, which must be respected, and responsibilities that you must accept. You are encouraged to treat other athletes and team officials with fairness and respect.

You are entitled to:

- Be safe and to feel safe.
- Be listened to and believed.
- Be treated with dignity, sensitivity, and respect.
- Have a voice in your club
- Participate on an equal basis
- Have fun and enjoy sport
- Experience competition at a level at which you feel comfortable
- Make complaints and have them dealt with
- Get help against bullies
- Say no
- To protect your body
- Confidentiality

You should always:

- Treat Sports Leaders with respect
- Act fairly at all times, do your best
- Respect other club members
- Respect opponents and be gracious in defeat
- Abide by the rules
- You should never:

Promises not to Cheat

- Use violence or physical contact that is not allowed within the rules
- Shout or argue
- Cause harm or damage property
- Bully
- Take banned substances
- Tell lies
- Spread rumours
- Parent/Carer of participant

I have read and accept the Code of Ethics & Good Practice for Children in Athletics.

Coaches and Officials Code

- In accordance with AAI listed below is the Coaches, Officials and Volunteers Code of Conduct

<http://www.athleticsireland.ie/juvenile/child-welfare/coaches-and-officials/>

- Sport should be safe, fun and conducted in a spirit of fair play

All coaches, officials and volunteers in athletics should:

- Consider the wellbeing and safety of participants before the development of performance.
- Develop an appropriate working relationship with participants, based on mutual trust and respect.
- Make sure all activities are appropriate to the age, ability and the experience of those taking part.
- Promote the positive aspects of the sport (e.g. fair play)
- Display consistently high standards of behaviour.
- Follow all guidelines laid down by the national governing body and the club.
- Hold appropriate qualifications and insurance cover.
- Never exert undue influence over participants to gain personal benefit or reward.
- Never condone rule violations, rough play or the use of prohibited substances.
- Encourage participants to value their performances and not just results.
- Encourage and guide participants to accept responsibility for their own performance and behaviour.
- Never use foul or inappropriate language.
- Never engage in any form of sexual relations with anyone under the age of 18, or vulnerable adults.
- Read, understand and put into practice all club policies and procedures.

Coaches and leaders should never place themselves in a compromising position by texting or communicating via social media sites with juvenile athletes. All such communications regarding athletics should be sent via the parents or guardians of the athlete.

The following should apply when communicating with juvenile athletes:

- Do use a club group text or email system for communicating with parents/guardians of athletes.
- Do not communicate individually by text or email with juvenile athletes.
- Do not engage in communications with underage athletes via personal social network sites.
- Always use official club group text or social media sites to communicate with juvenile athletes.
- I have fully read and understand the above code of conduct and will ensure that my conduct and practice reflects the above policies.