



# Dublin Athletic Board Graded Booklet 2016



# Dublin County Athletic Board

## Track and Field Graded Programme

**Meeting No. 1      April 20th      Morton Stadium**

<b>Time</b>	<b>Event</b>	<b>Grade</b>
<b>19:00</b>	<b>3000m Women</b>	<b>All</b>
<b>19:15</b>	<b>3000m Men</b>	<b>B+C</b>
<b>19:30</b>	<b>3000m Men</b>	<b>A</b>
<b>19:45</b>	<b>800m Women</b>	<b>B</b>
<b>19:50</b>	<b>800m Women</b>	<b>A</b>
<b>19:55</b>	<b>800m Men</b>	<b>D</b>
<b>20:05</b>	<b>800m Men</b>	<b>C</b>
<b>20:15</b>	<b>800m Men</b>	<b>B</b>
<b>20:25</b>	<b>800m Men</b>	<b>A</b>
<b>20:35</b>	<b>100m Women</b>	<b>B</b>
<b>20:40</b>	<b>100m Women</b>	<b>A</b>
<b>20:50</b>	<b>100m Men</b>	<b>C</b>
<b>21:00</b>	<b>100m Men</b>	<b>B</b>
<b>21:15</b>	<b>100m Men</b>	<b>A</b>

### **Field**

<b>19:00</b>	<b>High Jump</b>	<b>Women+ Men</b>
<b>19:00</b>	<b>Pole Vault</b>	<b>Women+ Men</b>
<b>18:45</b>	<b>Hammer</b>	<b>Women + Men</b>
<b>19:45</b>	<b>Shot</b>	<b>Women+ Men</b>

**Times shown for events are approximate. These are subject to change depending on number of athletes entered.**

# Dublin County Athletic Board

## Track and Field Graded Programme

**Meeting No. 2      May 11th              Tallaght**

<b>Time</b>	<b>Event</b>	<b>Grade</b>
<b>19:00</b>	<b>200m Women</b>	<b>B</b>
<b>19:05</b>	<b>200m Women</b>	<b>A</b>
<b>19:15</b>	<b>200m Men</b>	<b>C</b>
<b>19:25</b>	<b>200m Men</b>	<b>B</b>
<b>19:35</b>	<b>200m Men</b>	<b>A</b>
<b>19:45</b>	<b>1500m Women</b>	<b>B</b>
<b>19:50</b>	<b>1500m Women</b>	<b>A</b>
<b>19:55</b>	<b>1500m Men</b>	<b>D</b>
<b>20:05</b>	<b>1500m Men</b>	<b>C</b>
<b>20:15</b>	<b>1500m Men</b>	<b>B</b>
<b>20:25</b>	<b>1500m Men</b>	<b>A</b>
<b>20:35</b>	<b>5000m Women</b>	<b>All</b>
<b>20:55</b>	<b>5000m Men</b>	<b>C&amp;B</b>
<b>21:15</b>	<b>5000m Men</b>	<b>A</b>

### **Field**

<b>19:00</b>	<b>Long Jump</b>	<b>Women+ Men</b>
<b>19:00</b>	<b>Pole Vault</b>	<b>Women+ Men</b>
<b>19:00</b>	<b>Shot</b>	<b>Women + Men</b>
<b>19:45</b>	<b>Javelin</b>	<b>Women + Men</b>

**Times shown for events are approximate. These are subject to change depending on number of athletes entered.**

# Dublin County Athletic Board

## Track and Field Graded Programme

**Meeting No. 3      May 25th      Irishtown Stadium**

<b>Time</b>	<b>Event</b>	<b>Grade</b>
<b>19:00</b>	<b>10,000m Women &amp; Men (Championship)</b>	
<b>19:35</b>	<b>400m Women</b>	<b>B</b>
<b>19:40</b>	<b>400m Women</b>	<b>A</b>
<b>19:45</b>	<b>400m Men</b>	<b>C</b>
<b>19:55</b>	<b>400m Men</b>	<b>B</b>
<b>20:05</b>	<b>400m Men</b>	<b>A</b>
<b>20:15</b>	<b>800m Women</b>	<b>C</b>
<b>20:20</b>	<b>800m Women</b>	<b>B</b>
<b>20:25</b>	<b>800m Women</b>	<b>A</b>
<b>20:30</b>	<b>800m Men</b>	<b>D</b>
<b>20:35</b>	<b>800m Men</b>	<b>C</b>
<b>20:40</b>	<b>800m Men</b>	<b>B</b>
<b>20:45</b>	<b>800m Men</b>	<b>A</b>

### **Field**

<b>19:00</b>	<b>Triple Jump</b>	<b>Women+ Men</b>
<b>19:00</b>	<b>Discus</b>	<b>Women+ Men</b>
<b>19:45</b>	<b>Javelin</b>	<b>Women + Men</b>

**Times shown for events are approximate. These are subject to change depending on number of athletes entered.**

# Dublin County Athletic Board

## Track and Field Championship Programme

**Meeting No. 4      June 8th                      Morton Stadium**

<b>Time</b>	<b>Event</b>	<b>Grade</b>
<b>19:00</b>	<b>100m Women</b>	<b>B</b>
<b>19:05</b>	<b>100m Women</b>	<b>A    Championship</b>
<b>19:10</b>	<b>100m Men</b>	<b>D</b>
<b>19:15</b>	<b>100m Men</b>	<b>C</b>
<b>19:20</b>	<b>100m Men</b>	<b>B</b>
<b>19:25</b>	<b>100m Men</b>	<b>A    Championship</b>
<b>19:30</b>	<b>400m Women</b>	<b>B</b>
<b>19:40</b>	<b>400m Women</b>	<b>A    Championship</b>
<b>19:50</b>	<b>400m Men</b>	<b>C</b>
<b>20:00</b>	<b>400m Men</b>	<b>B</b>
<b>20:10</b>	<b>400m Men</b>	<b>A    Championship</b>
<b>20:20</b>	<b>1500m Women</b>	<b>B</b>
<b>20:30</b>	<b>1500m Women</b>	<b>A    Championship</b>
<b>20:40</b>	<b>1500m    Men</b>	<b>D</b>
<b>20:50</b>	<b>1500m    Men</b>	<b>C</b>
<b>21:00</b>	<b>1500m    Men</b>	<b>B</b>
<b>21:10</b>	<b>1500m    Men</b>	<b>A    Championship</b>

### **Field**

<b>19:00</b>	<b>High Jump</b>	<b>Women+ Men</b>
<b>19:00</b>	<b>Pole Vault</b>	<b>Women+ Men</b>
<b>18:45</b>	<b>Hammer</b>	<b>Women + Men</b>
<b>19:00</b>	<b>Shot</b>	<b>Women + Men</b>

**Times shown for events are approximate. These are subject to change depending on number of athletes entered.**

**If more than one race in Championships results will be computed on times**

# Dublin County Athletic Board

## Track and Field Championship programme

**Meeting No. 5      June 22nd      Tallaght Stadium**

<b>Time</b>	<b>Event</b>	<b>Grade</b>
<b>19:00</b>	<b>200m Women</b>	<b>B</b>
<b>19:05</b>	<b>200m Women</b>	<b>A    Championship</b>
<b>19:15</b>	<b>200m Men</b>	<b>C</b>
<b>19:25</b>	<b>200m Men</b>	<b>B</b>
<b>19:35</b>	<b>200m Men</b>	<b>A    Championship</b>
<b>19:45</b>	<b>800m Women</b>	<b>B</b>
<b>19:50</b>	<b>800m Women</b>	<b>A    Championship</b>
<b>19:55</b>	<b>800m Men</b>	<b>D</b>
<b>20:05</b>	<b>800m Men</b>	<b>C</b>
<b>20:15</b>	<b>800m Men</b>	<b>B</b>
<b>20:25</b>	<b>800m Men</b>	<b>A    Championship</b>
<b>20:35</b>	<b>3000m Women</b>	<b>All</b>
<b>20:50</b>	<b>3000m Men</b>	<b>C+B</b>
<b>21:05</b>	<b>3000m Men</b>	<b>A</b>

### **Field**

<b>19:00</b>	<b>Long Jump</b>	<b>Women+ Men</b>
<b>19:00</b>	<b>Pole Vault</b>	<b>Women+ Men</b>
<b>19:00</b>	<b>Discus</b>	<b>Women + Men</b>
<b>19:30</b>	<b>Javelin</b>	<b>Women+ Men</b>

**Times shown for events are approximate. These are subject to change depending on number of athletes entered.**

**If more than one race in Championships results will be computed on times**

# **Dublin County Athletic Board**

## **Track and Field Graded Programme**

**Meeting No. 6      July 13th                  Irishtown Stadium**

<b>Time</b>	<b>Event</b>	<b>Grade</b>
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<b>19:00</b>	<b>100m Women</b>	<b>B</b>
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<b>19:10</b>	<b>100m Women</b>	<b>A</b>
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<b>19:15</b>	<b>100m Men</b>	<b>C</b>
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<b>19:30</b>	<b>100m Men</b>	<b>B</b>
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<b>19:45</b>	<b>100m Men</b>	<b>A</b>
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<b>19:50</b>	<b>800m Women</b>	<b>A</b>
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<b>19:55</b>	<b>800m Men</b>	<b>D</b>
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<b>20:05</b>	<b>800m Men</b>	<b>C</b>
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<b>20:15</b>	<b>800m Men</b>	<b>B</b>
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<b>20:25</b>	<b>800m Men</b>	<b>A</b>
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<b>20:35</b>	<b>5000m Women</b>	<b>All</b>
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<b>21:00</b>	<b>5000m Men</b>	<b>C+B</b>
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<b>21:20</b>	<b>5000m Men</b>	<b>A</b>
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**Field**

<b>19:00</b>	<b>Triple Jump</b>	<b>Women+ Men</b>
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<b>19:00</b>	<b>Discus</b>	<b>Women+ Men</b>
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<b>19:45</b>	<b>Javelin</b>	<b>Women + Men</b>
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**Times shown for events are approximate. These are subject to change depending on number of athletes entered.**

# Dublin County Athletic Board

## Track and Field Graded Programme

Meeting No. 7	July 20th	Morton Stadium
Time	Event	Grade
19:00	200m Women	B
19:10	200m Women	A
19:20	200m Men	C
19:30	200m Men	B
19:40	200m Men	A
19:50	800m Women	B
19:55	800m Women	A
20:00	800m Men	D
20:05	800m Men	C
20:15	800m Men	B
20:25	800m Men	A
20:35	DM Relay League (800m/400m/1200m/1600m)	
Field		
19:00	High Jump	Women+ Men
19:00	Pole Vault	Women+ Men
18:45	Hammer	Women + Men
19:00	Shot	Women+ Men

Times shown for events are approximate. These are subject to change depending on number of athletes entered.

DMR relay points will be awarded on the result and computed with points in final race in meeting 8 for winners: Cash prize of €600.



# **Dublin County Athletic Board**

## **Track and Field Graded Programme**

<b>Meeting No. 8</b>	<b>August 3rd</b>	<b>Tallaght Stadium</b>
<b>Time</b>	<b>Event</b>	<b>Grade</b>
<b>19:00</b>	<b>400m Women</b>	<b>B</b>
<b>19:05</b>	<b>400m Women</b>	<b>A</b>
<b>19:10</b>	<b>400m Men</b>	<b>C</b>
<b>19:20</b>	<b>400m Men</b>	<b>B</b>
<b>19:30</b>	<b>400m Men</b>	<b>A</b>
<b>19:40</b>	<b>3000m Women</b>	<b>All</b>
<b>19:55</b>	<b>3000m Men</b>	<b>C+B</b>
<b>20:10</b>	<b>3000m Men</b>	<b>A</b>
<b>20:25</b>	<b>DMR (Relay League )(800m/400m/1200m/1600m)</b>	

### **Field**

<b>19:00</b>	<b>Long Jump</b>	<b>Women+ Men</b>
<b>19:00</b>	<b>Pole Vault</b>	<b>Women+ Men</b>
<b>19:00</b>	<b>Discus</b>	<b>Women + Men</b>
<b>19:00</b>	<b>Shot</b>	<b>Women+ Men</b>

**Times shown for events are approximate. These are subject to change depending on number of athletes entered.**

**DMR relay points will be awarded on the result and computed with points in final race in meeting 8 for winners: Cash prize of €600.**

# **Dublin County Athletic Board**

## **Track and Field Graded Programme 2016**

### **Payment Information:**

- **General on-line event fee (seniors/masters)- €8**
- **[www.dublinathletics.com](http://www.dublinathletics.com)**
- **Students/Juniors/Juveniles- €5**
- **On-line entry (registration of details) with/without payment) closes at 1pm on day of graded competition**
- **Late entry on the night fee: €12 (seniors/masters)**
- **Late entry on the night fee students, etc. : €9**
- **Series entry (seniors/masters) with on-line entry for each meeting before 1pm on day of meeting: €50 (payable on evening of April 20th)**
- **Series entry (students, juniors, juveniles) with on-line entry for each meeting before 1pm on day of meeting: €35 (payable on evening of April 20th)**
- **Dublin Open Championships:**

**June 8th– Morton Stadium**

**June 22nd– Tallaght Stadium**

**First event 7pm**

**All championship events are for senior men/women, masters and junior athletes.**

**Medals awarded in track events to those placed in A race.**

**Outstanding medals may be collected from Pat/Owen**

## **Rules, terms and conditions of participation in the graded series for all athletes 2016**

Your entry is accepted by the Dublin County Athletic Board on the understanding that at all times you will abide by the rules applicable to the Graded series.

1. Athletes must be 16 years of age or over in the year of competition to compete in the Graded and Championship events.
2. All clubs are expected to provide at least two officials for the duration of each meeting. All officials are asked to check in at the registration room.
3. Athletes must enter online by 1pm on the day of the meeting in order to ensure inclusion on the start sheets. Payment may be made on arrival at event.
4. Athletes must be registered with AAI and registration numbers may be requested.
5. Club singlets must be worn for all Graded and Championship events.
6. Athletes who enter for the series should retain their number for all meetings in the series. Single meeting entry numbers are valid only for the meeting entered.
7. Athletes must check in at least 30 minutes before event start time.
8. Athletes must complete the online registration details requested for each meeting
9. Each athlete must register for the selected event on the night on arrival following payment if due at each meeting. Failure to register your details with the check in official on the night means that you are not registered for the event and your name will not appear on the start sheet.
10. Athletes may compete in more than one event at each meeting at no additional cost.
11. Events will be run in reverse grade order: women before men, starting with grade 'B' women and grade 'D' men as appropriate.
12. Additional events, i.e. relays, hurdles or special events may be included in any meeting if a request is made to the Competition Secretary at least two weeks before the meeting.
13. The organizers may, at their own discretion, bring forward the start time of any event.
14. In the interest of safety, those throwing the hammer must be capable of at least one turn.
15. It is essential that you enter in advance on-line to assist with admin. on the night. Late penalty applies for 'on the night' entries and no guarantee of getting on the start sheet of your choice.

Electronic timing will be in operation at each meeting

Competition Secretary: Owen McLoughlin [omcloughlin@hotmail.com](mailto:omcloughlin@hotmail.com)

Online entries [www.dublinathletics.com](http://www.dublinathletics.com)